

3 CEU WORKSHOP REGISTRATION — \$10/SEMINAR / \$25 FOR ALL 3  
For More Info Call 419-351-7286 or Email [info@independentcaresolutions.com](mailto:info@independentcaresolutions.com)

Name: \_\_\_\_\_ Profession: \_\_\_\_\_  
Agency / Company \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email: \_\_\_\_\_ PH: \_\_\_\_\_

All 3 Seminars      Ethical Dilemma:  1.25.10    1.27.10    1.28.10  
Substance Abuse in Older Adults    2.10.10    2.17.10    2.18.10   Compassion Fatigue:  2.24.10    3.10.10    3.18.10

Amount Enclosed (All 3 for \$25 or \$10/Class): \_\_\_\_\_

Education: Contact Hours Requested For  Nursing  Social Worker

--- Cut & Mail to: Independent Care Solutions, PO BOX 173, MAUMEE, OH 43537 ---



[www.IndependentCareSolutions.com](http://www.IndependentCareSolutions.com)

Independent Care Solutions  
PO Box 173  
Maumee, OH 43537

**independent care solutions**  
*Leading Your Family Through... Life's Transitions*

PRESENTS  
**Compassion For Seniors Series**  
APPROVED PROFESSIONAL CEU COURSES

**MORE INFO CALL (419) 351-7286**



ICS is private care management, providing complete and individualized planning and management of care for the elder and chronically disabled and his/her family; utilizing professional experience and skills. It is the mission of ICS to maintain quality of life for caregivers as well as persons needing care. Using an interdisciplinary approach, we do what family would do if they had the time and expertise.

Debra Roidl is a nationally recognized speaker on issues of aging and comprehensive assessment tools, and a published writer of articles on the issues of aging and long distance caregiving. Many of her articles can be found at [www.independentcaresolutions.com](http://www.independentcaresolutions.com).



*Independent Care Solutions & Professional Education Connection offer this unique learning experience for social workers, nurses, other professionals, and advocates.*



**Our seminars are specifically designed with you in mind.**

**MORE INFO CALL (419) 351-7286**

### 3 Unique CEU Workshops Designed For Social Workers, Nurses & Others In The Helping Professions Who Work With Seniors...

**\$10 PER CLASS OR SIGN UP FOR ALL THREE FOR \$25!**

#### ETHICAL DILEMMA:

##### SELF-DETERMINATION VS. CLIENT SAFETY

Frequently, medical interdisciplinary teams must wrestle with this high priority client right of self-determination versus the perceived need to increase safety/supervision. This workshop will allow attendees to share their experience, review social work ethics standards, and practice problem-solving techniques. This program counts toward the ethics requirements for social workers in Ohio.

##### Specific Workshop Goals Will Include:

- Discuss ways to assess client's capability of decision-making
- Understand how the Social Work ethics factor into issues at hand when a client's safety is involved
- Identify factors that influence clients in decision-making
- Learn how to advocate for & empower clients

**January 25, 2010 8:00am-9:00am**

**Elmcroft of Lima\***

**2075 North Eastown Road • Lima, OH**

Directions Call (419) 331-2442 • [www.elmcroftoflima.com](http://www.elmcroftoflima.com)

**January 27, 2010 8:00am-9:00am**

**Friends of the Family**

**3430 Briarfield Blvd • Maumee, OH**

Directions Call (419) 794-1555 • [www.trustingcare.com](http://www.trustingcare.com)

**January 28, 2010 8:00am-9:00am**

**Birchaven Heights - Aldrich Dining Room**

**15100 Birchaven Lane • Findlay, OH**

Directions Call (419) 424-3000

#### SUBSTANCE ABUSE IN OLDER ADULTS

This little-discussed topic is about to explode with the aging boomers. The issues will be different than any ever dealt with in the history of substance use.

##### Specific Workshop Goals Will Include:

- Understanding the scope of the problem of substance abuse in older adults
- Discuss treatment options available
- Discuss and solicit feedback regarding experiences of treatment modalities and success stories

**February 10, 2010 Time: 4:00 pm-5:00 pm**

**Elmcroft of Lima\***

**2075 North Eastown Road • Lima, OH**

Directions Call (419) 331-2442 • [www.elmcroftoflima.com](http://www.elmcroftoflima.com)

**February 17, 2010 8:00am-9:00am**

**Friends of the Family**

**3430 Briarfield Blvd • Maumee, OH**

Directions Call (419) 794-1555 • [www.trustingcare.com](http://www.trustingcare.com)

**February 18, 2010 8:00am-9:00am**

**Birchaven Heights - Aldrich Dining Room**

**15100 Birchaven Lane • Findlay, OH**

Directions Call (419) 424-3000

**DON'T FORGET...\$10 PER CLASS OR ALL THREE FOR \$25!**

#### COMPASSION FATIGUE

As Caring Professionals, we deal with the potential of burnout. Another phrase to describe this highly recognized phenomenon is Compassion Fatigue. In this workshop, we will discuss ways to care for ourselves, and to teach our caregiver clients how to care for themselves, with specific tools and methods.

##### Specific Workshop Goals Will Include:

- Identify specific warning signs and symptoms
- Present an assessment tool & practice its use
- Learn how to create a care plan for management of Compassion Fatigue

**February 24, 2010 Time: 4:00 pm-5:00 pm**

**Elmcroft of Lima\***

**2075 North Eastown Road • Lima, OH**

Directions Call (419) 331-2442 • [www.elmcroftoflima.com](http://www.elmcroftoflima.com)

**March 10, 2010 8:00am-9:00am**

**Friends of the Family**

**3430 Briarfield Blvd • Maumee, OH**

Directions Call (419) 794-1555 • [www.trustingcare.com](http://www.trustingcare.com)

**March 18, 2010 8:00am-9:00am**

**Birchaven Heights - Aldrich Dining Room**

**15100 Birchaven Lane • Findlay, OH**

Directions Call (419) 424-3000

Debra J. Sorensen & Assoc., Inc, dba Independent Care Solutions, as an approved provider of CPE by the State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board, Provider #RSX030906, approves these programs for 1 CEU. The Ohio Board of Nursing recognizes the State of Ohio CSWMFT Board as an approved provider of CNE for multi-disciplinary activities. Attendees must sign in on time & remain for the entire session to receive a certificate of attendance.

\*Location co-sponsored by PEC, LLC, Provider #RSX030904